

## **Shakti Dance® Level 1 Teacher Training**

### **Application & Release Form**

**First Name** \_\_\_\_\_  
**Family Name:** \_\_\_\_\_  
**Spiritual Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**Post Code:** \_\_\_\_\_  
**Country:** \_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_  
**Home Tel. No.:** \_\_\_\_\_  
**Mobile Tel. No.:** \_\_\_\_\_  
**Email Address:** \_\_\_\_\_

**Previous Yoga Experience and/or Training:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Previous Dance Experience and/or Training:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Health Conditions:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Declaration:**

*I hereby declare that I have read and accept the requisites of the above training program its terms of payment.*

Signed (Legal Name): \_\_\_\_\_ Date: \_\_\_\_\_

**Legal Disclaimer:**

Shakti Dance Academy and its agents do not accept any responsibility for injuries suffered during any Shakti Dance® Training program or while practicing the techniques of Shakti Dance®. Every participant must be fully aware of the risks and hazards involved and their own personal physical limitations and, if necessary, are responsible for seeking a doctor's advice prior to participation. If there are any medical reasons preventing a student from full participation in the training program, this will be communicated to the organizer.

Shakti Dance Academy and its agents assume no responsibility for any losses or damages during

any Shakti Dance® Training program.

*The Undersigned agrees that they have read, understand, and agree to all the Release information stated herein and that all the Registration information provided is correct to the best of their knowledge:*

Signed (Legal Name): \_\_\_\_\_ Date: \_\_\_\_\_

# Shakti Dance® Level 1 Teacher Training Contract

## For the Training Year \_\_\_\_\_

Between  
Shakti Dance® Academy  
and

First Legal Name: \_\_\_\_\_ Last Legal Name: \_\_\_\_\_

Date & Place of Birth: \_\_\_\_\_ ResidentAddress: \_\_\_\_\_

### Information and Enrolment

The Dates of the Training Program are as follows:

**22nd - 25th May 2020 (4 days)**

Day off - May 26th

**27th - 31st May 2020 (4 days)**

Day off - June 1st

**2nd - 5th June (4 days)**

Day off - June 6th

**7th - 10th June (4 days)**

Day off June 11th

**12th - 15th June (4 days)**

Days off 16th-17th-18th June

**19th - 23rd June - 5 days**

- Minimum number of Participants 16 People
- Maximum number of Participants 25 People

As space is limited in this training program, please be sure apply as early as possible.

## Terms of Payment

The Total Costs of the Training Program include:

1. Tuition Fees
2. Residential Cost for Food & Accommodation

### Tuition Fees:

The **Tuition Fees** of the Training Program amount to a total of **2.180€** , plus 60 Euro for 1 year of Shakti Dance Academy Membership.

There is an Early Booking Discount of **1.940€ + 300 € deposit** for those who pay a deposit before **1st November**.

The Tuition Fee may be paid in full at the time of enrolment in the Training Program, or may be spread out in the following instalments, due on the following dates:

### Register before Before 1st November : 1.940 € + 300€ deposit

One Time Payment : 300€ + 1840€

2 months Instalments: Deposit = 300€

1st November 2019 = 970€

1st December 2019 = 970 €

3 months instalment : Deposit = 300€

1st November 2019: 646,6€

1st December 2019 : 646,6€

1st January 2020 : 646,6€

### Register before 1st January : 1.940 + 400€ deposit

One Time Payment : 400€ + 1840€

2 months instalment : Deposit = 400€

1st January 2020 = 970€

1st February 2020 = 970€

3 months instalment : Deposit = 400€

1st January 2020 = 646,6€

1st February 2020 = 646,6€

1st March 2020 = 646,6 €

### Register before 1st of March 2020 = 1.940 + 500€ deposit

One Time Payment : 500€ +1840€

**2 months instalment : Deposit = 500€**

**1st March 2020 = 970€**

**1st April 2020 = 970€**

**3 months instalment : Deposit = 500€**

**1st March 2020 = 646,6€**

**1st April 2020 = 646,6€**

**1st May 2020 = 646,6 €**

**Registration after 1st of March = 2.550€ = 1.946 + 600€**

### **Payment:**

**Is essential to sign the Application Form to register to the Teacher Training. Any payment made before or after to sign the Application Form is non-refundable either the Deposit or the Tuition fee.**

I agree to pay the above instalments as indicated above as follows:

- by bank transfer (*Please ask for bank details*)
- by Paypal
- in cash

Please send your signed application form and a copy of your deposit payment to:

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### **Accommodation Costs**

The residentials will take place at: **Swasti Eco Cottage**

The total residential costs for food & accommodation: **Accommodation cost are paid separately**

(The total cost of the residentials may vary depending on the number of people on the course and different accommodation options.)

This cost covers full board accommodation for a total of \_\_\_\_\_ nights; vegetarian meals and teas/light snacks during the intensives. Accommodation payments will be paid directly to the venue at residential retreats.

## **General Terms & Conditions of the Shakti Dance® Teacher Level 1 Training Program**

### **Requisites for Completion of and Certification through the Level 1 Shakti Dance Teachers' Training Program**

**The Following Requisites must be Satisfied for Qualification as a Shakti Dance® Level 1 Teacher:**

1. 180 classroom hours
2. 40 hours of self-study\* and written summaries
3. Full payment of the Training Program fees
4. Practice teaching of a Shakti Dance class with peer review from the trainer and fellow students
5. Participation in at least 10 mornings of sadhana (early morning practice), during the training program
6. In addition to the training program, attend 30 hours of Shakti Dance regular classes or workshops, with any previously Certified Shakti Dance teacher (not from your training group). The time period given for this completion is from 3 months before training begin, until 6 months after end of training.
7. Completion of any extra Self-Study Assignments in order to recuperate missed classroom hours\*\*
8. Completion of any Follow Up Tasks after the Practical Exam
9. Pass the Shakti Dance® Level 1 Practical and Written Exams\*\*\*
10. Complete all the training requirements no later than six months after the end of the Training Program. An extension may be granted by official request to the program organizer and Shakti Dance Academy.
11. Final decision for qualification lies with the Lead Trainer and the Shakti Dance® founder Sara Avtar Olivier.

\*The 40 Hours of Self-Study include:

1. Personal practice of specified yoga-asanas and Shakti Flowing-Asanas
2. Personal practice of specified meditations and/or Celestial Communications,
3. Keeping a diary of experience during the practice of specified meditations and/or Celestial Communications
4. Personal practice of specified Standing Sequences and/or Mantric Choreographies
5. Reading of course manual or hand-outs during the Program
6. Background reading of suggested books
7. Short essays of theoretical nature and summaries of diaries relating to personal experiences during the 40-day practice of Shakti Dance.

\*\*Trainees may miss up to 4 days of training to be admitted to the practical exam, but they will have to be recuperated as per the instructions of the Trainer. Certificates will not be issued until all modules have been recouped - even if the exam has been passed.

\*\*\*The Final Examination Consists of Practical Exam:

1. Leading all or part of a Shakti Dance class
  2. Presenting a specified Shakti Dance Mantric Choreography
  3. Developing, presenting and leading a Celestial Communication
  4. Demonstrate answers to oral questions
5. Trainees may also be given follow up tasks after the exam to be completed before qualification and
6. A Written Exam - Answering a written exam at home by email.

### **General rule for missed training days during Shakti Dance Teacher Training Level 1:**

In the case of emergencies, participants can miss 2 training days, which they may recuperate at home. This is only if these 2 days do not include Curriculum Days 3, 6 or 7 of the Physical Body. If one of these key days is missed, they must be recuperated in another teacher training. Participants recuperating missed course time at home will be set Self-Study Assignments and personal practice relevant to the course material. This will then be submitted as an extra certification requirement. If more than 2 days are missed, these will need to be recouped by attending another teacher training elsewhere and/or at another time.

In order to be admitted to the final practical exam, participants can miss a total of only 4 training days. Otherwise they will not have the necessary experience. These will need to be recuperated as above.

Certificates will not be issued until all modules have been recouped - even if the exam has been passed.

### **Regulation for Recuperation of Missed Modules**

A participant is entitled to attend any missed modules at any future Shakti Dance® Level 1 Teacher Training, providing they can follow the language (or provided translation) in which it is taught.

A student, having paid the full costs to their original Shakti Dance® Level 1 Teacher Training Program, may then recuperate up to 6 days of missed modules at another training, contributing only 25 Euros per day to the host training program to cover organisation and seminar-room rental costs.

If the student needs to recuperate more than 6 days in a different training, then they will need to pay the full daily tuition costs of the of host training program to that host program for all the days they attend **that exceed 6 days**.

Any further travel or accommodation costs will also need to be paid for by the participant.

Generally, the Shakti Dance® Level 1 Teacher Training and certification should be completed within six months after the practical exam of the original training.

However, participants may ask in writing for an extension of time to the Organiser of their original training and the SD Academy Secretary. This time period can be extended for as long as is necessary, but the Academy does not take responsibility for following up on the student's progress.

If the agreed extended time limit is exceeded without further written notification on the part of the student, then the student will no longer be eligible for certification.

### **Academy Membership:**

The Tuition Fee for this Training Program includes inscription for Annual Membership to the Shakti Dance® Academy. All Participants of this Training Program become Trainee Members of the Shakti Dance® Academy for the duration of the Training or up to one year after inscription. All Academic Members of the Academy are eligible to access the Reserved Area of the Shakti Dance® Academy website.

Qualified Shakti Dance® Teachers that are members of the Shakti Dance® Academy will be listed in, and promoted through the "Teachers' Directory" of the Shakti Dance website ([www.shaktidanceacademy.com](http://www.shaktidanceacademy.com)). They will also be eligible to access the Reserved Area of the Shakti Dance® Academy website.

Qualified Shakti Dance® Teachers that are not members of the Shakti Dance® Academy will be listed by name only in the 'Teachers' Directory to ensure the validation of their certification, but they will not be promoted with any contact details and will not be eligible to access the Reserved Area of the Shakti Dance® Academy website.

Certified Shakti Dance® Teachers who enrol as members of the Shakti Dance® Academy may be granted authorization to access and to use the Academy's promotional material.

### **Trademarks and Copyrights**

"Shakti Dance®" is a registered international trademark of Sara Avtar Olivier and the Shakti Dance® Trust.

Shakti Dance® Academy LLP, through its London administrative office, has the exclusive right and responsibilities to promote and protect the Shakti Dance® Trademark, Method® and copyrights.

The right to use, teach and promote the Shakti Dance® Discipline, Method© and Trainings with the Shakti Dance® trademark is granted only to certified Shakti Dance Teachers and Trainers, as per the Guidelines.

## Use of Shakti Dance® Trademark:

The right to teach and create publicity under the trademarked name Shakti Dance® is acquired by gaining validated certification as a Shakti Dance® Level 1 Teacher **and** by signing and abiding by the *Shakti Dance® Teacher's Code of Ethics*.

A Shakti Dance® Teacher, with validated certification, who upholds the Teacher's Code of Ethics, automatically gains the right to teach and share with students, under the name of Shakti Dance® - **through direct, but not indirect audio-visual, contact** - the knowledge, skills, techniques and copyrighted Shakti Dance Method© acquired in the Shakti Dance® Teacher Training Program, through which that Teacher has qualified.

**To share such Shakti Dance® teachings through audio-visual media**, a teacher needs to be authorized by, and gain approval for their productions from Shakti Dance® Academy.

**The Shakti Dance® trademark and/or logo must always be used in any publicity.**

## Temporary Teaching Permit

Trainees that wish to practice teaching Shakti Dance® before receiving Level 1 Shakti Dance® certification may apply to their Lead Trainer and/or Program Organizer for a temporary teaching permit. In general, trainees may teach Shakti Dance on a **non-professional basis** during the training. After the practical exam and before receiving certification, students may be given temporary permission to teach professionally – for no more than six months. If the student has not certified by then, they no longer have permission to teach Shakti Dance®, until certification is acquired.

**The Shakti Dance® trademark and/or logo must always be used in any publicity.**

## Training Materials:

The Tuition Fee includes a printed copy of the *Shakti Dance Level 1 Teacher Training Manual*©. A selection of *Shakti Dance Level 1 Teacher Training Didactic Videos*© are available and accessible to Shakti Dance Academy Members, via online streaming in the Reserved Area. ([www.shaktidanceacademy.com](http://www.shaktidanceacademy.com)).

The *Shakti Dance Level 1 Teacher Training Manual*© and *Didactic Videos*© are for personal usage and study only, and are subject to copyright laws. Any reproduction, publishing, hiring, lending or performance in whole or any part is strictly prohibited.

Tuition payment for the Shakti Dance Level 1 Teacher Training Program **does not grant the right to record and/or own audio-video** of all or any of the intellectual property of the training content shared during the program.

**No video recordings of any part of the Shakti Dance® Level 1 Teaching Training Program is permitted during the program.**

Written permission may be given by the Shakti Dance® Academy to an appointed person to record Audio-Video during the program if the recordings serve to update the Academy's online Didactic Training Materials.

## Production of Shakti Dance Videos:

### 1) **Approved Promotional Videos of Shakti Dance®**

A Certified Shakti Dance® Teacher, has the right to create and publish *Approved Promotional Videos of Shakti Dance®* to promote their Shakti Dance® courses, workshops, intensives, authorized trainings and initiatives.

Approval for the publication of Promotional Videos must be granted by the Shakti Dance® Academy, by fulfilling the Academy's requisites and standards, before freely publishing and distributing a Promotional Video of Shakti Dance®.



Promotional Shakti Dance® Videos must only show short excerpts of exercises. They should **not** clearly demonstrate whole exercises or sequences of exercises or movement choreographies as practiced in the discipline of Shakti Dance®.

2) **Approved Teaching Videos of Shakti Dance®.**

Only Advanced Certified Shakti Dance® Teachers & Trainers, authorized by Shakti Dance® Academy have the right to create *Approved Teaching Videos of Shakti Dance®*. Requisites are given, and approval granted, to such Authorized Teachers by the Shakti Dance® Academy. Teaching videos are only to be distributed in accordance with terms agreed with Shakti Dance® Academy.

*Definition of Teaching Videos: These consist of the clear demonstration of specific Exercises, Exercise Sequences, or Movement Choreographies pertaining to any of the Phases of Shakti Dance®. The demonstration of the above elements are done in such a way that the general public are able to follow and acquire the content of the video, experiencing the effects of the given Shakti Exercises or Sequence of Exercises.*

3) **Celestial Communications and/or Mantric Choreographies**

A Certified Shakti Dance Teacher, has the permission to create *Celestial Communications and/or Mantric Choreographies* according to the Shakti Dance® Method©, providing that credit is given to the Shakti Dance® Method©. These may be published privately to a limited audience (e.g Facebook Friends only).

Only those Celestial Communications and/or Mantric Choreographies, created according to the Shakti Dance® Method© that have been *approved* by the Shakti Dance® Academy can be **publicly** published. Approval is granted when the requisites and standards issued by the Shakti Dance® Academy for the filming of such Movement Meditation Choreographies have been met.

No Celestial Communications and/or Mantric Choreographies created by Sara Avtar Olivier or any other Certified Shakti Dance Teacher should be videoed or published without the express permission of their creator.

**Important:**

The contract for this Shakti Dance® Level 1 Training Program includes a declaration of acceptance of all the above terms and conditions, including that of payment for the Program.

*Signing the declaration also acknowledges acceptance that in the event of a student interrupting the Training Program before full completion of their participation, **the student will nevertheless be expected to complete full payment, paying the above instalments on their due dates.***

Signed (Legal Name): \_\_\_\_\_ Date: \_\_\_\_\_

Signed (Legal Name): \_\_\_\_\_ Date: \_\_\_\_\_  
(On behalf of the Shakti Dance® Academy)